



Working with you ... to fight the flu

Influenza is more than just a 'bad cold'. It is a highly infectious virus that can spread quickly through your workforce. Contact with the influenza virus is almost unavoidable, but by protecting your workplace you are also helping stop the spread of influenza to the vulnerable people in the wider community like pregnant woman, people with chronic conditions, the very young and elderly.

To maintain the most effective protection against influenza, annual immunisation is required. The flu virus can change yearly, and new strains can emerge to which people are not immune. It takes around two weeks to develop immunity once vaccinated. This is an inactive vaccine so you will not "catch the flu" by being vaccinated.

We will be commencing our vaccination programme in the **first week of April 2019**. Our team of experienced registered nurses are authorised to give the vaccine by the Medical Officer of Health. We offer a convenient onsite service therefore reducing down time for your company. For employees that are away from the office on the arranged vaccination day a voucher can be offered and redeemed at several locations in the Christchurch area as well as in one of our drop-in clinics at OH Well, 292 Selwyn Street, Spreydon, at a suitable time.

This year, the Ministry of Health is again offering the Quadrivalent (four strain) vaccine. The Quadrivalent vaccine contains;
A/Michigan/45/2015 pdm09-like virus, A/Switzerland/8060/2017-like virus, B/Phuket/3073/2013-like virus and B/Colorado/06/2017-like virus.

To ensure the safety of your staff OH Well uses 2 registered nurses when carrying out vaccinations.

Quadrivalent Vaccine

\$31.50 + GST per person (less than 25 vaccines)

\$29.50 + GST per person (for 25-50 vaccines)

\$26.00 + GST per person (for over 50 vaccines)

\$35.00 + GST per person (voucher)

\$50.00 + GST site charge fee per visit.

This covers travel, mileage, set up and administration.

Please note: A minimum charge of \$400 + GST applies for less than 10 employees and this includes site charge free. This does not include the issue of vouchers.